



Linked learning theme: Wonderful World

Summer term, Year 4

DT – Cooking and Nutrition (South America)

Prior knowledge

In KS1 and Y3, children have prepared a variety of dishes. They are familiar with the Eatwell plate and have learnt about healthy balanced diets in Y3.

Core knowledge

- The variety of foods that we eat come from all over the world, including South America.
- Some common foods, such as potatoes, were first domesticated in South America.
- The foods that we choose to eat should form a healthy balanced diet.

Key skills

- Follow a recipe to make different dishes.
- Use kitchen tools accurately and safely.
- Use different cooking techniques.

Vocabulary

Tropical fruit	Balanced diet	boil	chop
	Savoury/sweet	bake	

Learning outcomes

- I understand that different fruits grow well in different climates.
- I can follow a recipe.
- I can use different cooking techniques.
- I can make healthy eating choices.