



Linked learning theme: Into the Woods

Autumn term 1, Year 2

DT – Where food comes from

Design and make a healthy food basket

Design and make a healthy sandwich

Prior knowledge

In Year 1, children have started their learning about food and nutrition when they were baking.

Core knowledge

- Food comes from a variety of sources. It can be grown (animals/crops etc.) and it can be made using raw ingredients in a factory.
- Our food goes through many processes before being available in supermarkets etc.
- A balanced diet is important to stay healthy.
- Healthy foods include: fruit, vegetables, lean meat, grains, nuts, pulses etc. (it is ok to have a treat too sometimes!)
- Designs and annotated sketches help us to decide how a product may look
- Mock-ups help us to understand size and find out if there are any problems
- A healthy sandwich might contain: Brown/ wholemeal bread, salad etc.
- A range of tools are needed to make a sandwich (for cutting, spreading, mashing etc.)

Key skills

- Understand and apply the principles of nutrition and learn how to cook
- Design purposeful, functional, appealing products for themselves and other users based on design criteria
- Generate, develop, model, and communicate their ideas through talking, drawing, templates, mock-ups and, where appropriate, information and communication technology
- select from and use a range of tools and equipment to perform practical tasks (for example, cutting, shaping, joining, and finishing)
- Evaluate their ideas and products against design criteria

Vocabulary

healthy/treat
farm

mash
tear
ingredients

supermarket
food
cut

design
mock-up
evaluate

Learning Outcomes

- I can explain where food comes from.
- I can group familiar food products e.g fruit and vegetables.
- I understand the need for a variety of foods in a diet.